

# **Mobile Tower Access Course**

**Accreditation** Accredited

Course duration 1 Day
Certificate valid for 5 years

# Who should attend

This training is aimed at personnel who will be responsible for assembling, dismantling, moving and inspecting mobile access towers when using 3T or Advance Guardrail (AGR) systems.

At the end of this full one-day course, delegates will be able to assemble, dismantle, alter, move, and inspect mobile towers with complete confidence.

### **Course information**

# Course objectives:

In this course delegates are taught how to safely construct and deconstruct Mobile Access Towers whilst gaining a wider awareness of the associated hazards.

Attendees are also given practical guidance on the use of Personal Protective Equipment (PPE) as well as grounding in the regulations and legislation applicable to aluminium towers.

#### Content

- Health & Safety at Work Act 1974
- Management regulations risk assessment
- Working at Height Regulations
- Provision of Work Equipment Regulations
- Manual Handling Regulations
- Construction Welfare Regulations
- Personal Protective Equipment at Work Regulations
- Workplace Safety & Welfare Regulations
- RIDDOR
- BS1139 Product Standard
- BSEN1298 Mobile Tower Instruction Manual
- Tower components and inspection of tower stability
- Tower stability
- Inspection of structure
- Movement of towers
- Tower dismantling
- Hazards
- Safe use of tower
- Build systems
- · Erection of tower
- Full inspection



#### **Assessment**

Training methods include a mix of theoretical and practical studies, such as syndicate exercises in the erection, inspection and dismantling of a mobile access tower. In order to pass the course delegates will need to successfully complete a post-course assessment paper.

## Certification

Upon successful completion of the theory and practical sessions, every delegate receives a 5 year validity period of certificate and a photo ID card.

## More details

Thinking of buying a Mobile Tower? To download the 'Essential points to buying, owning, and looking after a Mobile Tower' guide for free visit the Prefabricated Access Suppliers and Manufacturers Association (PASMA) Here for some recommendations.